

what is claimed is:

CLAIMS

- 1 Composition containing an organogel, the organogel comprising a liquid fatty component, at least one sterol and at least one sterol ester, wherein the molar ratio of sterols to sterolesters is in the range of 1:5 to 5:1.
- 2 Composition according to claim 1, wherein the total amount of sterol and the total amount of sterol ester is at least 1 wt% for each, based on the amount of the liquid fatty component.
- 3 Composition according to <sup>claim 1</sup> ~~any one of claims 1 or 2~~, wherein the composition consists of a liquid fat, a sterol or a mixture of different sterols, and a sterol ester or a mixture of different sterols, and monoglycerides.
- 4 Composition according to <sup>claim 1</sup> ~~any one of claims 1 to 2~~, wherein the composition does not comprise water.
- 5 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein the sterol ester has a structure highly similar to that of the sterol applied.
- 6 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein the sterol and the sterol esters are selected from the group of phytosterols.
- 7 Composition according to claim 6, wherein the sterol is a sitosterol and the sterol ester is oryzanol.

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- 8 Composition according to <sup>claim 1</sup> ~~any of the preceding claims~~, wherein the organogel in the composition has a Stevens 4.4. hardness of at least 20 grams, measured at 20°C.

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- 9 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein the total amount of sterols, ie sterols plus sterolesters, is at least 3 wt%, based on the total amount of liquid fat present in the composition.

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- 10 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein the molar ratio of sterols and sterol esters is in the range of 1:3 to 3:1, more preferred in an almost equal molar ratio.

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- 11 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein monoglycerides are present.

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- 12 Composition according to <sup>claim 1</sup> ~~any one of the preceding claims~~, wherein the composition is a food product and the fat present is edible fat, and the sterols and sterol esters applied are edible components.

- 13 Composition according to claim 12, wherein the food product is a spread, a squeezable margarine, a dressing or a mayonnaise.

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